

St Augustine's Catholic Primary School

Personal Social and Health Education and Citizenship Policy

Agreed by Governors: February 2025

To be reviewed: February 2026

Mission Statement

*As one family working together
to be the best that we can be,
we live, love and learn with Jesus.*

Aims

- to encourage our pupils to play a positive role in contributing to the life of our school and the wider community
- to help to develop a sense of self worth
- to teach pupils how society is organised and governed
- to experience the process of democracy in school through the Spiritual and School Councils
- to teach pupils about rights and responsibilities
- to foster an appreciation of what it means to be a member of a diverse multicultural society.

Objectives

- to know and understand what constitutes a healthy lifestyle
- to be aware of safety issues and methods of keeping safe
- to understand what makes a good relationship
- to have respect for others
- to be independent and responsible members of the school community
- to be active members of a democratic society
- to develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- to develop good relationships with other members of the school and the wider community.

Teaching and Learning styles

We use a variety of teaching and learning styles. The learning objective is shared with the children at the beginning of the lesson. We place an emphasis on active learning by including the children in discussions, investigations and problem solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship eg charity fund raising or the planning of a school special event such as an assembly. Children will work in a variety of ways from working independently to whole class, depending on the activity.

Curriculum Planning and PSHE and Citizenship

We teach PSHE and Citizenship in a variety of ways. In some instances, eg Drug Education, it is taught as a discrete subject. Delivery of the element of Sex Education is guided by advice from the Archdiocese of Birmingham and the use of additional resources from Ten Ten. These resources work in tandem with the SCARF PSHE scheme which we use as the basis of curriculum planning. A considerable amount of PSHE and Citizenship is taught through Religious Education as there is a large overlap between the aims of Religious Education and the aims of PSHE and Citizenship. Circle time is used as a vehicle to develop and promote PSHE and citizenship skills. PSHE and Citizenship is also taught through other subjects such as environmental issues in Geography and leading a healthy lifestyle through Science. We develop PSHE and Citizenship through activities and whole school events eg peer mediation, school council representatives, house captains, prefects. We also arrange residential visits in Key Stage Two where the focus is to develop skills in affirmation, co-operation and communication leading to developing problem solving thus promoting positive citizenship skills.

Foundation Stage

PSHE in the Early Years is incorporated into the Foundation Stage Curriculum under the umbrella of Personal, Social Emotional development. Successful development in this area is critical for young children in all aspects of their lives. It is also a pre-requisite for their success in all other areas of learning. The Foundation Stage provides experience and support which enables children to develop a positive sense of themselves. The Foundation Stage children work towards the Early Learning Goals by exploring different themes through a cycle of activities and daily routines.

English as an Additional Language

At St Augustine's, we encourage all our children to achieve the highest possible standards. We do this through taking account of each child's life experiences and needs. A number of our children have particular learning and assessment requirements which are linked to their progress in learning English as an additional language.

When delivering the PSHE and Citizenship curriculum, we ensure we meet the full range of needs of those children who are learning English as an additional language. This is in line with the requirement of the Race Relations Act 1976 and our Equal Opportunities policy. The PSHE and Citizenship curriculum can create different language demands which we identify and address. (see EAL Policy)

Special Educational Needs

We teach PSHE and Citizenship to all children, regardless of their ability. Teachers endeavour to match learning activities specific to the individual needs of the children with learning difficulties. Personal targets are taken into account when teaching PSHE and Citizenship.

Equal Opportunities

Staff will endeavour to provide equal opportunities for all our children in PSHE and Citizenship in line with our school policy to ensure whole curriculum access regardless of ability or any other factor.

Assessment

We assess our pupils' work in PSHE and Citizenship by using a variety of strategies, formally and informally. Formative assessment is matched against the learning objective and is on-going throughout the lesson. Summative assessment is matched against the end of Key Stage statements set out in National Curriculum. The assessment process also serves as a guide for setting the priorities in the SIP.

Monitoring/Review/Evaluation

The subject leader monitors the teaching, learning and standard of pupils' work. In addition, support is given to colleagues in their teaching and updating developments in the subject. The subject leader informs the Headteacher of strengths and weaknesses in the subject and indicates areas for further improvement.

Contribution of PSHE and Citizenship to Other Subjects

PSHE and Citizenship infiltrates English through speaking and listening activities, Mathematics through money management, Religious Education through respecting differences between people in our society, Science through developing a healthy, safer lifestyle and Geography through discussing global issues.

Specific Issues

Sex Education forms part of the Personal, Social and Health Education and Citizenship Curriculum and will be developed throughout the time children are in the school. Our underlying aim is to accept their sexuality as part of God's gift to them. This area interlinks with Religious Education and Science.

Drug Education is also relevant as pupils are exposed to messages about drug use/misuse. All pupils need to make sense of what they see and hear to enable them to make healthy, informed choices. This aspect is integrated into Personal, Social and Health Education and Citizenship for the development of the pupils. It will include education about tobacco, alcohol, medicines and other drugs, including illegal drugs where appropriate.

Resources

Classrooms are allocated specific texts but teachers use their discretion and may use texts and materials from other classrooms where appropriate.

MONITORING AND EVALUATION

This policy will be reviewed regularly by staff and governors or earlier if local or national directives are received.